

Lesson 4- “The Ultimate Extreme Makeover”

- **The Requirement of Resurrection Is The Death of The Body**
 - “What you sow does not come to life unless it dies” (1 Cor. 15:36)
 - Death is to be embraced, not feared. Death is the precursor to the wonderful resurrection body God has planned for the believer...Paul strikes a positive note right up front saying that death is not to be feared.”¹
 - 2 Tim 1:9-10 “This grace was given us in Christ Jesus before the beginning of time, but it has now been revealed through the appearing of our Savior, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.
 - Do you think fearing death is something Jesus wants to free you from?
- **The Result of Resurrection Is a Different Kind of Body**
 - “When you sow, you do not plant the body that will be, but just a seed, perhaps of wheat or of something else. But God gives it a body as he has determined, and to each kind of seed he gives its own body.” (1 Cor. 15:37-38)
 - Our bodies will be different while maintaining continuity with what makes each one of us, each one of us.
- **Our New Bodies Will Be Indestructible**
 - “So will it be with the resurrection of the dead. The body that is sown is perishable, it is raised imperishable” (1 Cor. 15:42)
 - If this is so, what does it mean then that “the leaves of the tree are for the healing of the nations?” (Rev 22:2)
 - Could it be that our bodies are imperishable not because of an independent intrinsic immortal nature, but because of our participation in divinely provided maintenance and eternal sustenance?²
- **Our New Bodies Will Be Identifiable**
 - “...it is sown in dishonor, it is raised in glory;” (1 Cor. 15:43)
 - Jesus’ Body Was Real (Luke 24:39)
 - Jesus’ Ate On At Least Two Occasions (Luke 24:42-43; John 21:12-13)
 - Jesus’ Told Thomas to Touch His Body (John 20:27)
 - Jesus’ Was Identifiable to More Than 500 People (1 Cor. 15:6)
- **Our New Bodies Will Be Incredible**
 - “it is sown in weakness, it is raised in power;” (1 Cor. 15:43b)
 - We will never tire in all the works of reigning and serving. We will rest because we want to, not because we have to.
 - What weakness do you currently feel? Imagine that, and every other one being gone forever!
- **Our New Bodies Will Be Infinite**
 - “it is sown a natural body, it is raised a spiritual body” (1 Cor. 15:44)
 - “Spiritual” does not mean “immaterial”, but a physical body suited for heaven’s environment.
- **Question:** “If only for this life we have hope in Christ, we are to be pitied more than all men.” (1 Cor. 15:19). How does this verse resonate within you in light of the Bible’s teaching on the resurrected body?

¹ David Jeremiah; *Revealing the Mysteries of Heaven- Study Guide; Turning Point; 2009; p.50*

² Randy Alcorn; *Heaven; Tyndale House Publishers, 2004; p. 258*